# BE AFRAIL



TURN OUT THE LIGHTS IF YOU DARRI

**₩**SCHOLASTIC

# BE AFRAID

Written by Lisa Regan Designed, Developed & Published by Red Bird Publishing Ltd. Itlingsea, Colchester, CO7 0SX, U.K.

All images used under licence from Shutterstock.com ginal Glow Art and Production by Red Bird Publishing Ltd.

Red Bird Publishing Ltd. www.red-bird.co.uk

ISBN: 978-93-5275-286-7

Reprinted by Scholastic India Pvt. Ltd., Jan. 2018

Printed at Batra Art Press, New Delhi - 28

## COLLANGENTOD

- 2 WELCOME
- 4 HALL OF HORBORS
- 6 THE GRIM RHAPER
- 8 GRAVEYARDS
- 10 VAMPIRES
- 12 MONSTBOUS
- 14 SEA MONSTERS
- 16 CREEPY CREATURES
- 18 DRAGONS
- 20 WITCHES
- 22 MYTHICAL BULLIES
- 14 GHOST STOKES
- 26 MAGIC AND MYSTERY
- GHOST TRAIN

- 30 GHOST SHIP
- 32 HAUNTED PLACES
- 34 THE BLOODY TOWER
- 36 THE WHITE HOUSE
- 38 BAD OMENS
- 40 MUMMY
- 42 ALL HALLOWS'EVE
- 44 CHILD'S PLAY
- 46 DAY OF THE DEAD
- 48 REAL LIFE MONSTERS



## HALL OF HORRORS



## GHOUL

A ghoul is the evil manifestation of a dead person who has not passed on to the other side. They continue their existence in this world, lurking in graveyards, sometimes shapeshifting into an animal to watch with glowing eyes and bared teeth. Many ghouls are said to have a taste for human flesh and satisfy their appetites by feasting on newly buried corpses after the procession of loved ones has left them behind.

## **POLTERGEIST**

A poltergeist is a particularly tricky kind of ghost that lets you know your house is being haunted by causing chaos. Poltergeists throw things across the room, move furniture, and scare people to make their presence felt.

## ZOMBIE

Zombies are famous in the ghost world for being corpses that wander around with their arms out in front of them. Don't be fooled by their clueless look: they might be under the control of a living person who's up to no good.

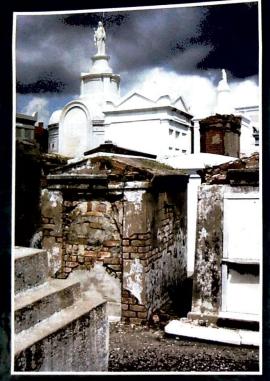
## CHOST

Lots of people claim to have seen a ghost, but many of their stories and sightings are different. A ghost is supposed to be the spirit of someone who died. They hang around their old home or somewhere that was important to them. Sometimes people can see them, sometimes they can just feel that they're there, watching and waiting. Certain people claim that they can summon ghosts and talk to them.



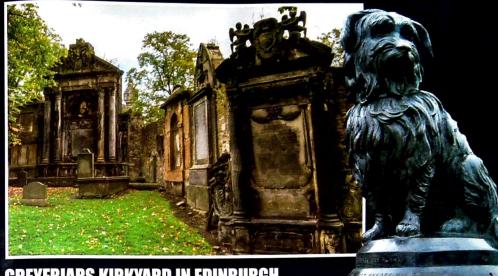
## GRAVEYARDS

It is said that the souls of the restless still roam graveyards at night, unable to find peace in this world or the next. From babies and children plucked before their time, to the unfortunates who were badly treated and suffered at the hands of others...they can all choose to come back and seek solace or revenge.



## ST. LOUIS CEMETERY

These particular Cities of the Dead are home to the deceased of New Orleans, Louisiana—but with a twist. The bodies are not buried below ground, but have been laid to rest above the earth—making it easier, perhaps, to wander free in the hours of darkness?



## **GREYFRIARS KIRKYARD IN EDINBURGH**

Often called the most haunted graveyard in the world, this burial ground is nestled in the heart of Edinburgh, Scotland. Haunting the cemetery is George MacKenzie, a ruthless official known for the mistreatment and death of hundreds of revolutionaries. His poltergeist is said to roam the cemetery grounds, terrifying and even attacking visitors. Also said to haunt Greyfriars is Bobby, the loyal terrier that stood guard at the grave of is beloved owner John Gray for 14 years until own death. He was buried in the cemetery e to his master.

HIGHGATE CEMETERY, LONDON A tranquil setting by day, this burial ground is transformed into a spooky wilderness at night. lome to over 50,000 graves, its spooky setting enticed cultish groups to meet at midnight, calling forth restless souls among the abandoned headstones. Ghostly cyclists, hideous red-eyed creatures, shrouded figures, and a crazy lady looking for her lost children have all spooked the living daylights out of visitors. The grounds even have their own vampire, a tall, menacing, gothic gentleman with piercing eyes and an icy cold aura that chills the air around him.





MONSTROUS

No matter where you live or where you travel, there will always be a monster myth to spook and unsettle you. Local monsters have the added fear factor of being based in locations you and unsettle you. Local monsters have the dated real ractor or being based in locations you know and probably see every week, but these ghastly creatures from around the world might also give you the jitters.



## BIGFOOT

The monstrous hairy beast that is Biafoot is also known as Sasquatch, and is sighted in remote forests and swamps in North America. Said to look more apelike than human, it is up to twice as tall as a man, with a hairy body and giant hands and feet—hence the nickname. In Asia, a similar creature roams the icy plains and mountains, and is named the Yeti.

## **BOGEYMAN**

Who or what is the bogeyman ically, it's pretty much whatever you most...as it's usually the inve of desperate parents who frighten their children into bying in bed or doing as they're told. The bogeyman comes in al shapes and sizes, but can see into your room and ALWAYS knows when you're doing something you shouldn't...

A werewolf suffers with an affliction like no other. He is cursed to live as a man for the most part, but uncontrollably takes the form of a wolf at the time of a full moon. Once transformed, werewolves become filled with rage and an overpowering hunger for flesh. They may kill their nearest and dearest, but as they transform back to a human they invariably cannot even remember the horrors they have performed.

## **CHUPACABRA**

Sightings of this wild-eyed beast were first reported in Puerto Rico, and its taste for animal blood has arned it a name that translates as "goat-sucker." The four-legged nonster is canine in appearance, with long claws and vicious teeth, but encounters suggest it is the ize of a small bear. Many of its animal victims are found with a triangle of puncture wounds in the neck or chest, and attacks are most common in Central and South America.

## SEA MONSTERS



A legendary sea serpent that haunts icy northern waters, the kraken even strikes fear into the hearts of sturdy sailors and courageous captains. Old seafarers describe its jaws as mighty caverns with teeth like rocks around the edges. The many-headed monster lurks in the ocean depths for days on end, and emerges with the turn of the tide when conditions are stormy and the turbulent waves toss boats into its path.

## **LOCH NESS MONSTER**

Nicknamed Nessie, this aquatic monster is said to inhabit Loch Ness in the Scottish Highlands.
Over 1,000 sightings have been reported, describing a creature with a long neck and dome-shaped back, much like a plesiosaur. Several photographs have emerged as proof of the monster's existence, but most have been proven to be fakes.









## WITCHES

## **CASTING A SPELL**

Folklore tells us that a witch is a wizened old hag who stirs up mischief and malevolence in her cauldron, casting spells and passing poison potions to unsuspecting victims who have done her wrong.

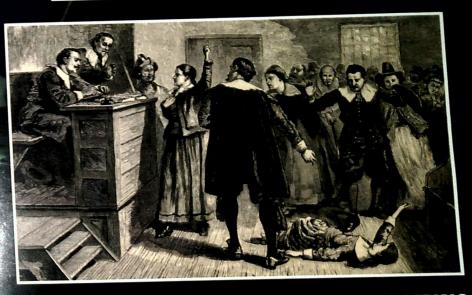


Ancient witches were described in many forms. Some were wraith-like and insubstantial, but could cause you harm as they muttered incantations under their breath. Others were beautiful, to tempt unsuspecting victims with their charms. The poisonous green skin of many modern witches betrays their inhuman form, and looked especially good on film when the Wicked Witch of the West was first seen in *The Wizard of Oz*.



## A character from the legends of King Arthur, Morgan le Fay was a powerful enchantress, also known as Morgana. She is a beguiling but evil character who leads heroes into danger with her wily charms and witchcraft. She is able to fly and shapeshift, and can transform her looks to be

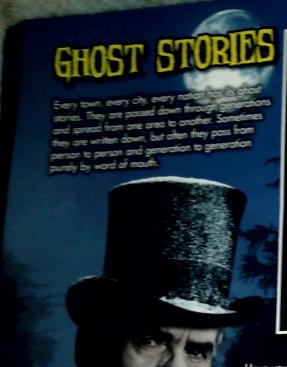
old or young, beautiful or ugly. She uses her black magic against her halfbrother, Arthur.



## **SALEM WITCH TRIALS**

Do witches hide away in hovels, or exist among us disguised as ordinary folk? That is what the people of Salem, Massachusetts, suspected in the winter of 1692. Strange happenings in the woods at night led them to believe that the devil was in town, taking possession of women and turning them to witchcraft. Hysteria took hold, and 19 people were tried and hanged as witches, and many more were accused and lived in fear for their lives







## **BLOODY MARY**

Have you ever had that feeling that there's something in the mirror that catches your eye but can't quite be seen? It could be the phantom of Bloody Mary. According to legend, her ghost appears in the mirror w summon her by calling out her name three tim was Bloody Mary? No one knows, some say she a witch who lived over 100 year

## A CHRISTMAS CA

This seasonal tale by Charles Dickens feature some of the best-known ghosts in English literature. Four ghosts visit the miserly Ebenezer Scrooge to teach him a lesson. The first is Jacob Marley, warning his former business partner against his greed and selfishness The ghost of Christmas Past is both young and old, with light streaming from its head. Christmas Present is a jolly ghost, but Christmas Yet to Come is a silent, ominous specter that foretells Scrooge's own miserable death if he doesn't change his ways.



## **HEADLESS HORSEMAN**

This spectral rider appears in tales that are centuries old, across Europe. Asia, and North America. It usually carries its head on its saddle, or held aloft to see farther from its steed It famously appears in The Legend of Sleepy Hollow by American author Washington Irving. Here, the headless ghost rider makes an appearance to poor Ichabod Crane riding home through the haunted alen at night. The horseman makes chase and throws its severed head to knock Ichabod from his own horse.

## THE LADY IN WHITE

White Lady is a female ghost sed all in white that appears nds from around the world. e are several Lady in White found throughout the United like the Lady of the Lake in New York. This White Lady on wanders a park in search of her deceased daughter.



## MAGIC AND MYSTERY

History and fairy tales often meet in a misty place where real people become the stuff of legend. History and fairy tales often meet in a misty place where real people become the stuff of legend Some stories feature maligned characters who are turned to evil because they are ill-treated by their enemies, while others have supernatural powers that they harness for good.

**EVIL QUEEN**The Brothers Grimm used this character in their German fairy tales of the 19th century. She was the wicked stepmother of the gentle Snow White, a girl whom she loathed and ordered to be killed. When her plan didn't work, she transformed herself into an old hag and visited the girl, trying to tempt her into eating poison in a rosy red apple.

## MALEFICENT

Sometimes known as the Mistress of All Evil, this truly wicked spirit puts a curse on the newborn Princess Aurora, later spirit pure as Sleeping Beauty, at her christening. The curse is conjured up out of spite as she was not invited to the is conjured up out of spine as she was not invited to the celebration, and Maleficent is powerful enough to cast a spell that cannot be broken by any other magic. She transforms herself at will, sometimes into a will-o-the-wisp, or a dark dragon, and also into the spinning wheel that dark aragon, and the princess's finger to make the curse come true.







## GHOST SHIP

There can be few things more uncanny than an abandoned vessel drifting at sea with no clue as to where the crew have gone, and who might return to claim the ship. And yet, if that ship were to drift where the crew have gone, and who might return to claim the ship. And yet, if that ship were to drift where the crew have gone, and who might return to claim the ship. And yet, if that ship were to drift where the crew have gone, and who might return to claim the ship. And yet, if that ship were to drift straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, that could chill the heart of the boldest straight through another boat like a mysterious ocean fog, the could be a straight through another boat like a mysterious ocean fog, the could be a straight through the boldest straight through the boat like a mysterious ocean fog, the could be a straight through the boldest straight through the boat like a mysterious ocean fog, the could be a straight through the boldest straight through the boat like a mysterious ocean fog, the could be a straight through the boldest straight through the boat like a mysterious ocean fog, the could be a straight through the boat like a mysterious ocean fog the boat like a mysterio



## **MARY CELESTE**

In November 1872, the Mary Celeste set sail from New York City. Ten days later, the ship was found drifting off course, with not a crew member on board. Her cargo was intact, her sails were up, the boat was seaworthy, and the crew's belongings were undisturbed. But where had the sailors gone? Not a soul from the ship was ever heard from again, and to this day, nobody knows what happened to them.

## DAVY JONES'S LOCKER

No sailor wants to stare into Davy Jones's locker, for it is the resting place of drowned mariners. Referring to the bottom of the sea, shipwrecked vessels and drowned sailors are said to be tossed into Davy Jones's locker.



If you happen to see a ship glowing with a ghostly light, give it a wide berth, for it may well be the *Flying Dutchman*. Cursed to sail the high seas forever, it can never reach port, and is seen as a bad omen for any seafarers who cross its path. The legend of this ghost ship dates back to the 17th century with reported sightings even today.

## HAUNTED PLACES



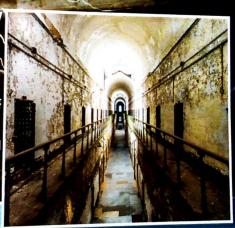
## CATACOMBS, PARIS, FRANCE

Imagine the sight: an underground burial area containing the bones of over six million Parisians from the 1700s. There are undoubtedly some unsettled souls wandering the catacombs, trying to rejoin the spirits of their loved ones from long ago. It is said that the walls of bones will talk to you if you stay too long; the living are certainly not invited to linger...

## **BANFF SPRINGS** HOTEL CANAD

Some guests who check in to this hotel never check out... while others get out of there as fast as they can. Beware of room 873, where bloody fingerprints appear on the bathroom mirror and the ghosts of a murdered girl and her mother wake guests with their shrieks. And look out for the Phantom Bride who dances alone after dying here on her wedding night.

Possibly America's most haunted building, this former prison is in Philadelphia, Pennsylvania Now open to the public as common for visitors to see in the cells, and report cold shadowy fig the corridors. The screams of pockets of can be heard, voicing their tortured in iming some small revenge for torment an endured at the hands of cruel the horrors prison guo



## **BODIE**, CALIFORNIA

This old mining outpost is a ghost town in every sense. Disused and abandoned after the gold rush died down, the settlement now has its resident ghosts. Childish giggling is heard in empty houses, and guests in the hotel have woken to feel suffocated by a heavy weight pressing down on their chest. The Curse of Bodie is said to fall upon anyone who tries to steal a memento, and they are plagued by bad luck until the stolen item is returned.

## THE BLOODY TOWER\*



## **PRINCES IN THE TOWER**

In July 1483, Richard III was crowned King of England. He had taken the throne from his 12-year-old nephew, who would have become Edward V had he been allowed to inherit the title of king. Instead, Edward's uncle had the young heir, and his younger brother Richard, thrown into the cells in the Tower of London. They were never seen again, believed to have been murdered. Their voices have been heard laughing on the grounds and their ghosts, dressed in white nightshirts, have been seen in the tower—even appearing on tourist photographs.

## ANNE BOLEYN AND HENRY VIII

One of the Tower's most famous ghosts is the apparition of Queen Anne Boleyn, second wife of Henry VIII. Sentenced to death by her husband and executed on the Tower grounds, her ghostly figure roams the Queen's House and Tower's chapel clad in a hood with no head beneath it. The White Tower is home to her husband's suit of armor. Visitors have described how they feel an horrendous crushing sensation when they approach the armor, and others have heard threatening voices even though they are alone.

## **LADY JANE GREY**

he live the pay like to celebrate their birthdays, but Lady Jane Greath in "Nine Days Queen" was not only disowned and made to relinquish her crown and title, oned in the Tower and beheaded on Tower by surprising, then, that she comes back to prison, and has been seen many times as a way tigure walking along the battlements on the anniversary of her death.

## THE TOWER OF LONDON

This historic tower is centuries old and has been used as a prison, but also as a royal castle, a zoo, a treasury, and is currently home to the Crown Jewels of England. The White Tower is the oldest part, dating back to 1066, and the bones of two small children were found here in 1674. Several people were imprisoned and beheaded in the so-called "Bloody Tower," with many more executed on Tower Hill outside its walls. It is no surprise that the castle has more than its fair share of hauntings.

## THE WHITE HOUSE

THE WHITE HOUSE, WASHINGTON D.C.

The official home of the President of the United States has many apparitions that lurk in its corridors. Ghosts of former residents, from first ladies to disgruntled and assassinated presidents, have all made their spooky presence felt. Reports include hearing footsteps on the floorboards, and seeing drapes and cushions move.



## **OVAL OFFICE**

The President's official office in the West Wing of the White House is a favorite for several ghosts. President Harry Truman wrote to his wife in 1945 describing the popping of the floors and moving of the drapes as "ghosts walk up and down the hallway and even right here in the study." A disembodied voice claimed to be that of David Burns, the owner of the land on which the White

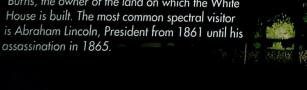


## **LINCOLN BEDROOM**

President Abraham Lincoln has reportedly returned to this bedroom in the White House many times. His footsteps sometimes. echo in the hall outside, and several guests have heard Lincoln knocking at the door when they stayed in the room. His ahostly figure has been seen perched on the edge of the bed, putting on his boots—one instance of which sent Eleanor Roosevelt's secretary screaming from the room. She wasn't the only staff member to flee in terror; Lincoln's ghost had the same effect on Franklin D. Roosevelt's personal valet who left the White House altogether!



Lincoln's ghost is often described as wearing a top hat and coat, but it cares not what its guests are wearing. The British Prime Minister Winston Churchill had just taken a bath and was in a distinct state of undress when the ghost dropped by! Lincoln's ghostly form stood by the fireplace as Churchill reportedly said, "Good evening, Mr. President. You seem to have me at a disadvantage." The ghost smiled and disappeared, but the Prime Minister refused to stay in that room again.







The Ancient Egyptians are well-known for preserving the bodies of their important figures to see them into the afterlife. Other cultures also prepared their dead, from a Chinchorro child found in Chile to severed, shrunken heads in the Amazon rainforest.

It is said that the curse of the Pharaohs will follow anyone who disturbs the ancient tombs of Egyptian rulers, whether they stumble upon them by accident, for research, or with bad intent. The tomb of Tutankhamun lay undiscovered and undisturbed for centuries, until it was opened by Egyptologist Howard Carter in 1922. A series of deaths after it was explored led people to believe that the tomb was indeed cursed, and that ill health and misfortune would accompany anyone would accompany anyone who had played a part in disturbing the tomb.





## **NAZCA MUMMY**

The Nazca people of Peru also mummified their dead to preserve them for the afterlife, but their remains were disturbed from their peace by grave robbers at the Chauchilla Cemetery. The ninth-century bodies had been clothed and then painted with a special resin to stop them being eaten by insects; many of the mummies still have patches of hair and skin.



## ALL HALLOWS' EVE

## **ALL SAINTS**

You probably know this celebration better as Halloween, or maybe even All Saints' Eve, and it takes place on October 31. It is the first part of a three-day celebration called Allhallowtide, running into November 1 and 2. People gather to remember the deceased: from saints and martyrs to loved ones who are no longer alive. The festival has ancient roots, dating back hundreds of years to Samhain, a Celtic custom when people dressed in animal skins to frighten away any unwanted spirits. They believed that Samhain was the time when the dead returned to Earth, lit bonfires, and offered food and even sacrifices to keep the deceased happy.

## JACK-O-LANTERN

Halloween costumes come in varying degrees of scariness, and so do jack-o-lanterns. Some are pumpkin works of art, many are grinning faces with uneven teeth, but some stare creepily out from your neighbor's porch. The tradition began in Ireland with potato and turnip carving, and was carried across the Atlantic to the US where pumpkins were in abundance. They are said to look like a will o' the wisp or jack o' lantern—a natural but spooky light that flickers over bogs and marshes. The lanterns were placed in homes at Samhain to keep away any evil spirits.



## CHILD'S PLAY



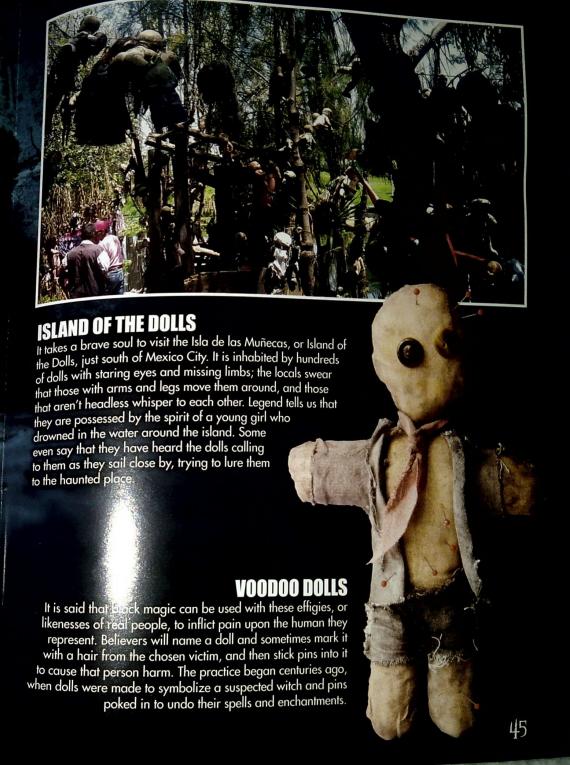
## CLOWN FINGERS

Have you heard the story about Molly's dolly? The little girl in question begged her mother to buy her a clown doll that was mysteriously holding up three fingers. The shopkeeper warned her not to leave her daughter alone with the creepy toy. Molly played happily with the doll all afternoon, until her mother tucked her up in bed. The next morning, Molly was gone, and all that remained was the doll...which was now holding up four fingers.

## ROBERT THE DOLL

On display at the East Martello Museum in Key West, Florida, Robert the Doll is said to be cursed with a life of its own. It was a gift from a servant who dabbled in black magic, presented to Robert Eugene Otto when he was a child. The doll seemed to come alive, moving from room to room when no-one was home, and talking to the young boy when he played with it.





## DAY OF THE DEAD

## THE DANCE OF DEATH

The Dia de los Muertos is a public holiday in Mexico and a celebration throughout Central America, held to praise and honor the dead. The celebrations include processions, parties, and feasts, and take place on All Saints' Day (November 1) and All Souls' Day (November 2). People want to be happy about the lives of their loved ones, instead of being sad about their death, which is seen as insulting to those who have passed away.



## GIFTS TO THE DEAD

Local people believe that the gates of heaven open at midnight on October 31. Then the spirits of angelitos, or a state who have pass en who have passed away, are reunited v families for a day of celebrations. Altai corated with pan bread, and treats de muerto, Day of the s, and toys. Sugar called *calacas* such as soda, cococ skulls and carved sl decorate the altars.



## AROUND THE WORLD

Different countries have their own rituals for celebrating life and death. The Day of the Dead is not only celebrated in Mexico, but also in Spain, Italy, the Philippines, and South America. As well as paying their respects and reminiscing about their loved ones, people pray for their souls, and tidy and clean their tombs. In Bolivia on November 8 they go even further with the Day of the Skull, when real human skulls, handed "down through families, are dressed in hats and sunglasses or decorated with flowers and put on display.







## IVAN THE TERRIBLE

of Novgorod, helping to slaughter thousands of people with his sword.

The first Tsar of Russia, Ivan was a warlord and tyrant who had his own people tortured and killed. He ordered the execution of entire families during a period known as the "Oprichnina" when his national guard were ordered to cleanse the country of anyone who challenged the Tsar's authority. It seems he took great delight in making people suffer, and personally led a charge on the city

## **GENGHIS KHAN**

A Mongolian ruler, Genghis Khan built a huge empire across Asia, uniting countries into one military state. He ruled this state through tyranny and fear, plundering villages and murdering their leaders to ensure nobody would challenge his power. Born in the middle of the 12th century and given the name Temujin, legend told that he was a divine being, with gray wolves as his ancestors.



The area of Whitechapel in London was terrorized by this killer in 1888. Five, possibly six, women were slaughtered in just three months, and the murderer was never caught. Each of his victims was killed in the same brutal way, but although the police linked the crimes to one serial killer, the case was never solved.



## **VLAD THE IMPALER**

The original Dracula lived in Transylvania in the 1400s. He was named Vlad Dracula, meaning "son of Dracul" or "son of Dragon" after his father's entry into the Order of the Dragon. However, his own behavior earned him a different nickname: Vlad the Impaler. After victorious battles, he would leave behind a field full of his victims, impaled on

spikes in the ground. It served as a warning to his enemies of the horrors he was capable of, and the extremes he would go to in order to claim new lands.

